



SOARING

A Publication of Mennonite Home Communities

Knowing and Understanding

THE BENEFITS OF A CCRC

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Continuing Care



Featured on the cover is **David Lee**. The Villas at Woodcrest resident has found Woodcrest Villa to be a perfect setting for the retirement phase of his life.

So many options and choices for senior living accommodations! A new option has arrived in Lancaster County; Active Adult Communities. New Woodcrest Villa resident David Lee says, *“Take your time, compare, tour, look at the quality of construction, read everything, judge what is important to your lifestyle, consider the realities and make your choice!”*

Started in 1903, Mennonite Home Communities (MHC) is state licensed and regulated by the Commonwealth of Pennsylvania and the Federal Government. We serve over 900 residents in three high-quality communities – Residential (also called Independent Living), Assisted Living, and Health Care (also called Skilled Nursing). This range of options within one organization is known as a Continuing Care Retirement Community.

David Lee recently purchased a villa after seriously considering an Active Adult Community. David explains his reasoning. *“I have had a very interesting life; moving, traveling and sailing around the world. I have been blessed to recover from a brutal car crash and a mysterious illness through the attention of medical specialists*

and the prayers of my sons. Life is truly a gift. We can never anticipate our needs for health care services.”

“I also know that families today are mobile. The old Chinese tradition of caring for your elders is impossible for most families. We are blessed with better alternatives. The Mennonites have a tradition and reputation of diligently providing excellent care. It is comforting to know that MHC will coordinate and provide virtually any level of care needed. Following surgery, you need a team of professionals experienced in helping retired people, not a copy of the Yellow Pages! To a retired person, a CCRC can act as a security blanket.”

When David first saw Woodcrest Villa he was impressed with the beauty of the architecture and grounds. As a resident, he is impressed by the quality of construction, the workmanship and the quietly elegant design. Our villa expansion provides new floor arrangements, added choice and beauty with construction by the award-winning Simeral Corporation.

Dining Services, not available in Active Adult Communities, provide opportunities

The **Quick Reference Comparison Chart** shown to the right highlights the differences between a Continuing Care Retirement Community and a typical Active Adult Community.

Continuing Care Retirement Community	DIMENSION	Active Adult Community
Permanent local organization – many have a history of over 100 years.	TIME HORIZON	Usually built by a large, out-of-state public corporation, new to Lancaster area.
Board of Directors with a state charter, strong set of values & principles.	GOVERNANCE	Home Owner’s Association - newly formed with no track record. Anyone can run for office.
Non-Profit based on Christian principles of care & compassion.	MOTIVE	For Profit (at the development and initial sale phase).
State & Federal Regulations at all three levels of care.	REGULATION	No ongoing regulation beyond Township building codes.
Full range of Assisted Living, Health Care & Therapy.	HEALTH CARE	Not included.
60	MINIMUM AGE	55
Partial, usually less than 50%	EQUITY	Full equity

Services, Year After Year

for fellowship, getting to know new residents, and a relaxing, enjoyable end to the day. Peg Walz chairs our Food Committee and appreciates the newly renovated dining environment. One detail-our attractive new chairs are light, easy to move on casters, and have arms for support. Dining Services frees women from the drudgery of shopping, preparing, cooking, and cleaning-up, allowing them to really retire!



From left: **Deb Galway**, Assistant Director; **Shaun Metzler**, Director and **Peg Walz**, Resident Chair; Seated: **Mike Glath**, Assistant Director pictured in the Hummingbird Dining Room.

Choices are important for seniors; Woodcrest offers several dining rooms (full service or buffet) and four separate entrees per meal – truly something for every taste!

Peg is very complimentary concerning our Dining Services management team. *“Shaun is the best; he is wonderful, approachable, very interactive and responsive. He has assembled a fine management team. Debra hires, trains, and supervises the wait staff. Mike is very knowledgeable about kitchen operations and cooking. All three are on the floor, so they know what is going on. Our committee tracks and responds to suggestions, which results in many positive changes.”*

For new friends, new interests, for financial and personal security, for construction quality, for steady executive leadership, for engaged resident councils, for services when you need them – it’s the Mennonite Home Communities’ way of life! Contact our helpful Marketing staff at (717) 390-7982 for details.

Services & Amenities

Apartments Include:

- Individual A/C & Heating
- Equipped Kitchens
- Wall to Wall Carpeting
- Washer & Dryer
- Home Maintenance
- Snow Removal

Dining Options:

- Full Service, Formal Dining
- Casual Buffet and Café
- Private Dining Rooms for family functions
- Flexible Dining Dollars program

For Your Enjoyment:

- Library
- Woodshop
- Arts & Crafts Room
- Exercise/Activity Rooms
- Indoor Pool with Spa
- Walking Paths
- Gardens
- Computers & Free Internet

Conveniences & Services:

- On-site Banking
- On-site Pharmacy
- 24-hour Emergency Call
- 24-hour Security
- Wellness Programs
- Chaplain Services
- Outings and Activities – performances, movies
- Transportation to:
 - Park City Mall
 - Area Grocery Stores
 - LGH Health Campus

Fee Services:

- Housekeeping
- Dry Cleaning
- Beauty Salon Services



◀ The **Bluebird Garden Café** is one of many dining options at Woodcrest Villa.

QUALITY OF LIFE

at Every Stage of Life



From left: **Trish Wolpert**, Social Worker; **Elizabeth Thompson**, Assisted Living Resident and **Rebekah Robinson**, Woodcrest Villa Social Worker

How do we know that what we are attempting to accomplish in a Continuing Care Retirement Community works? How can we be sure that we are offering what senior adults need; from an active lifestyle to complete care? We simply ask those who have enjoyed the benefits of a CCRC. Allow us to introduce Elizabeth Thompson.

Originally from New Jersey, Elizabeth and her husband moved from Vermont to Lancaster County in 1949. Elizabeth decided to move into Woodcrest Villa in 1994. She states, *"After my husband passed away, my house became too big and too lonely."*

At Woodcrest, Elizabeth began to enjoy fellowship with others, and felt her loneliness fade away. Life changed from cooking all meals, taking care of household duties, and feeling isolated...to walking to a delicious meal, dining with friends, playing cards, taking trips, and enjoying her beautiful surroundings, while staff takes care of maintaining everything else.

Elizabeth enjoyed life at Woodcrest Villa, and states that though she was comforted to know that more care was available at Mennonite Home, she didn't think that she would ever have to use it.

However, this past year Elizabeth again faced a major decision. Following hospitalization,

she needed rehabilitation before she could return to Woodcrest. She went to Health Care at Mennonite Home to receive intense therapy. She stated, *"The longer I was in rehab, the more I realized that I needed additional help and should consider Assisted Living (AL)."* But going to Assisted Living was another change. Elizabeth had a choice, she could either come back to Woodcrest with minimal home health services, or she could go to AL with 24-hour support services.

After discussing her options with her children and Social Workers, Elizabeth decided to try Assisted Living. She said, *"When I was in the process of making my decision, I prayed that God would make His will clear to me. Once I experienced Mennonite Home for a short time, I realized it is a great place filled with a wonderful and caring staff. I am so happy and content here."*

Elizabeth states that she is glad she chose WCV in 1994, because she continues to reap the benefits of choosing a CCRC.

How do we know that the CCRC model works? The simple answer is, we see it working every day. What a wonderful example of what we at Mennonite Home Communities aspire to: *Quality of Life at Every Stage of Life!*

"After my husband passed away, my house became too big and too lonely."

March

is National Social Work Month

Mennonite Home Communities recognizes their crucial role in helping residents achieve an optimal life style.

From Residential Living to Assisted Living to Health Care, Social Work is there to help guide our residents through the normal transitions of life. Woodcrest residents are able to enjoy an active lifestyle with the assurance of additional assistance in their apartment or villa if needed. Rebekah Robinson is available to help residents to acquire the necessary in-home assistance based on pre-set guidelines or assist in beginning the process of moving to another level of care.

If a resident of Woodcrest or Mennonite Home goes to one of the local hospitals, they receive a personal visit from Meg Vanaskie, LPN, our Admissions Liaison. Meg communicates with the hospital staff to help achieve the appropriate level of care following discharge.



Mindy Hash, Admissions Associate and **Meg Vanaskie**, Admissions Liaison

Meg helps to facilitate a return to Woodcrest or an admission to Assisted Living or Health Care. Mindy Hash, Admissions Associate, has a Social Work background and assists residents and families with admissions to Assisted Living and Health Care. These admissions may

come from MHC or from the general public.

Brandi Rager is the Director of Social Work at Mennonite Home. She oversees four Social Workers; Trisha Wolpert in Assisted Living, Marilyn Johnson, Jenn Hollinger and Chrissy Kline in Health Care. Our Health Care consists of both 24-hour long-term nursing care and rehabilitation services. So whether a resident needs to remain in Health Care or is able to “rehab back” to Assisted Living or Woodcrest, the Social Workers and the Interdisciplinary Team are here to assist all of the residents of Mennonite Home Communities.

Admissions & Social Work Departments are represented in this group photo. Front row left to right: **Brandi Rager**, **Marilyn Johnson**; Middle row: **Chrissy Kline**, **Jenn Hollinger**; Back row: **Rebekah Robinson**, **Janna Sharrock**, Intern; **Trish Wolpert**, **Mindy Hash**, **Meg Vanaskie**



Jeanne Sabatino

As Introduced by J. Nelson Kling, President

JuneFest Pork Barbecue Fundraiser

JUNE 16, 2007

The most exciting thing about JuneFest is bidding on one of our fabulous Theme Baskets at our Silent Auction.

If you could donate a new item or service that can be incorporated into one of these baskets, please contact me now.

We are looking for donations of gift certificates to restaurants, stores, sports activities, salons, entertainment...

We also need many new items to create the multitude of baskets that we would like to offer in addition to wall hangings or quilts.

If you can help by donating anything to make this years fundraiser successful, Please contact Kathy Maule (717) 390-7971.

How can the daughter of an old southern family of Revolutionary vintage, a lady who had never eaten spaghetti, marry a first generation Italian-American sailor and grow to become the perfect new Board Member of Mennonite Home Communities?

As a child growing up in Norfolk, Jeanne combined the solitary pursuits of reading and writing with a gregarious personality. She and her handsome young sailor husband, Jim Sabatino, traveled throughout the states and Europe. During Jim's absences at sea, Jeanne developed personal strengths dealing with new people and circumstances. They both became committed Christians and Jeanne taught Sunday School, served as Youth Leader and handled newsletters and publicity. Jeanne wanted her life to be guided by Jesus.

Jeanne's curiosity and writing skills (she once won a car in an essay contest!) eventually led to her position as a managing editor at the Aberdeen Proving Ground in Maryland. They raised a son, Gene, and lived on two acres, growing numerous flowers, herbs and vegetables. The family enjoys a love of music: Jim played in several orchestras and Gene was a music major.

When asked about her new position, Jeanne said, *"I believe whole-heartedly in the mission of Mennonite Home Communities and I'm honored to represent Woodcrest on the Board. In four years at Woodcrest, I have been*

blessed to develop many friendships while chairing the Activities Committee, serving on Resident Council, Food Service Committee, and as LINK coordinator and reporter on the Villager newsletter."

Jeanne brings a broad diversity of experience to the Board. She admits to having the heart of a crusader in helping others in need as she tries always to honor the Lord in every phase of her life. Her writing and editing skills require researching the facts, organized thinking and clear, understandable communications. What better expertise for the liaison between Board, Woodcrest Resident Council and residents of our community?



THE VOLUNTEER CONNECTION



From left: Marian Clothier, Thelma Wolgemuth, Evelyn Rohrer, Anna Geib, Dot Kinne, Mary Anne Elliott, Verna Keepport, Mary Ella Herr and Judy Harnly

What do twenty-three people from Woodcrest Villa and Mennonite Home have in common? They all are volunteers helping to raise funds for Mennonite Home Communities' Auxiliary.

It is our privilege to shine a special light on these wonderful people. Throughout the year they spend many hours assisting with sales in our Country Store and/or Thrift Shop, selling greeting cards at Woodcrest Villa and supporting JuneFest.

The Auxiliary funnels all proceeds directly to Mennonite Home Communities for special items. Over the years, these monies have purchased a bus, a gazebo, porch furniture, physical therapy equipment, books, electric beds and more. Each time you make a purchase or support JuneFest, you are helping our residents. The direct involvement of these volunteers makes this possible. We would like to say a special thank you to each of you for your selfless dedication to others.

Mennonite Home Communities

Shining Stars

Recognizing employees for the dedication and hard work that is done each and every day to make Mennonite Home and Woodcrest Villa a wonderful place for residents to live.

October



Jean Horn
Food Service Worker



Sarah Ebersole
Food Service Worker



Erin Hall
Food Service Worker

November



Carmen DeJesus
Laundry Leader



December
2006
**SHINING STAR
OF THE YEAR**

Sarah Ebersole
Meadowvue Dining Room
Food Service Worker

Mennonite Home Communities

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SOLICITATION POLICY

If you wish to have your name removed from the mailing list to receive future newsletters or fundraising materials supporting Mennonite Home Communities, please send a written request to:

*Mennonite Home Communities Marketing Department,
2001 Harrisburg Pike, Lancaster, PA 17601.*

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The Ultimate **DIFFERENCE**

Our values set Mennonite Home Communities apart from for-profit retirement options; our faith-based origins, our commitment to Christian compassionate care and our 104-year old tradition of providing care regardless of a resident's financial capacity. These principles create a caring environment that is both desirable and comforting to our residents. People choose us because of these principles.

Because Medicaid does not cover the costs of providing services to those who have outlived their resources, we depend on supporters who value our compassionate care for the elderly. We depend on folks like these:

“My father, John Burkhart, received excellent care until his passing at age 103. He enjoyed a great relationship with many caregivers, particularly nurse's aide Sylvia, who would sing his favorite hymns. My life has been blessed with Christian parents and husband, supportive children, good health and an appreciation of hard work. I have learned the joy of giving and feel extra blessed to be able to give back to help those who run out of money. I am so grateful to the caring staff and I continue monthly visits to friends and family at the Home.”

– Mary Landis



Art Weaver; Mary Landis, donor; Sylvia Burnett, Nurse Aide-Rosevue, and Esther Good

The Development Department helps donors to reduce their taxes and increase their retirement income while helping others. Call Greg Pierce, Director of Development, at (717) 390-4903 or see www.mennonitehome.org/giving.