



# SOARING

*A Publication of Mennonite Home Communities*



## WELCOME TO THE MARKETPLACE

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## On the Cover

From left to right: **Mary & John Rolinc**, residents & MARKETPLACE Founders, and **Pat Smith**, former Resident Council President, welcome you to THE MARKETPLACE.

Find yourself in need of some milk or eggs and don't feel like running to the grocery store? No need! With THE MARKETPLACE, Woodcrest Villa residents don't have to. They can easily visit the community grocery and convenience store and pick up an assortment of common (and not so common) household products and foods.

This delightful store underwent a major expansion this past spring and has virtually doubled its square footage, allowing for an even greater selection and more space for shoppers to move about. Come in during the summer and you are likely to see an enticing seasonal assortment of local fruits and vegetables as well as popular staples

# The Little Shop

## Resident-Led Marketplace Improves Lives

### SOARING COMMITTEE MEMBERS:

- Greg Pierce**; Editor
- Connie Buckwalter**
- Nelson Kling**
- Jennifer Murr**
- Denise Paterson**
- Nan Rush**
- Betty Ann Smith**
- Jennifer Walters**

like cereal and other specials, all facilitated by Woodcrest Villa residents and volunteers John and Mary Rolinc.

The Rolincs were recently selected by LeadingAge PA (formerly PANPHA) as the recipients of the 2011 Distinguished Service Award for Volunteer of the Year-Group. LeadingAge PA is a statewide association of nonprofit senior service providers.

The Rolincs received the award for their extensive work in developing and growing a store, THE MARKETPLACE, run by and for Woodcrest Villa residents. For the convenience of residents, The Marketplace is located in Bluebird Wing, just inside the Garden Café, making it easy for residents to stop by four days a week from 9 a.m. until



Shown are some of the volunteers who make The MARKETPLACE an award-winning campus store.

2 p.m. With the ongoing commitment and energy of the Rolincs, THE MARKETPLACE provides residents with more than 400 different grocery products at a reasonable price without having to leave the comfort of their community.

Thanks to the efforts of the Rolincs and the 35 other resident volunteers, since 2008 THE MARKETPLACE has raised thousands of dollars that have been re-invested into the community. In January 2010, the Rolincs announced that THE MARKETPLACE would be donating \$10,000 to the benevolent care fund at Mennonite Home.



## A Little Spot of Cheer

# That Could

“Our dedicated resident volunteers truly make THE MARKETPLACE the wonderful place that it is,” say John and Mary. “We feel so fortunate to live in a community with such caring, involved residents who believe in the power of volunteering.”

Criteria for the LeadingAge PA award included:

- Extraordinary commitment and dedication to preserving dignity, well-being, independence of residents
- Quality of service
- Outstanding in promoting mission and goals of facility
- Specific actions to enhance or enrich the lives of aging
- Above and beyond in steadfast commitment to the elderly

Mennonite Home Communities/Woodcrest Villa leadership are incredibly grateful for the thousands of hours of service that the Rolincs and the other MARKETPLACE volunteers have dedicated to their friends and neighbors within Woodcrest Villa.

Shown are **Mary & John Rolinc** receiving the PANPHA 2011 Distinguished Service Award for Volunteer of the Year - Group from **Philip DeBaun**, Chairman of the Board of LeadingAge PA.



Nestled inside the lobby of Mennonite Home lies a wonderful treasure for residents and visitors – the Country Store. This cozy shop has been in existence for 30 years and is staffed mostly by 35 volunteers from the community, including several residents of Woodcrest Villa and Mennonite Home. They enjoy interacting with other residents, family members and friends who stop by to pick up a gift, decoration, card or snack.

The store is open most days from 10 a.m. until about 4 p.m., except for Sundays. The inventory includes a little bit of everything – from gum and candy bars to greeting cards, games and home décor. Customers can always expect a warm welcome and friendly smile. Throughout the year, seasonal items are brought in to keep shoppers coming back to check out what’s new. Special sales are also popular and offer great deals.

Proceeds from Country Store sales are re-invested back into Mennonite Home Communities.

# Over and Above

## — One Family's Story —

*M*y name is Heather Watts and I am blessed to be a new Homemaker in Wissler Run, learning the culture of person centered care and how to fulfill our residents' "daily pleasures."

On Friday, June 17, I was making evening rounds, visiting with residents and learning their life stories. Earlier I had talked with Kathy, whose father Stanley was very ill. With tear-filled eyes, she shared her fear of losing her father this very weekend. It broke my heart to think of losing your father on Father's Day weekend!

I quietly approached Stanley to see if he needed anything. We reminisced about his life in Pittsburgh, the Steelers, and his favorite pastime, fishing. He told me how much he missed fishing and instantly my mind was going 100 miles per hour!

When Kathy and her husband returned, I shared our conversation and my idea to take Stan fishing in the creek behind Mennonite Home. Kathy was thrilled and thought that if Stan wanted to go fishing, that would be wonderful!

Mennonite Home  
Homemaker **Heather Watts**  
helps resident **Stanley Allen**  
show off his catch.





Kathy mentioned that his nephew and his wife were visiting the next day from Pittsburgh. Stan's first comment was "I can't go fishing!" Kathy and I just looked at each other and laughed because we hadn't mentioned fishing yet! It was as if he read our minds! I told him about tomorrow's fishing trip and that I would take care of all the details.

At home, I told my husband "I need the fishing rods!" He laughed because I had never been fishing before. I was determined to learn because Stan had shared that he never went fishing with his daughter; this made it even more important! This adventure would fulfill Stan's dream and make a wonderful memory for his family.

Our fishing adventure began as I shopped for bait, looking at the different types. The helpful girl at the register opened a container of huge fat worms and pulled one out to show me!

When I got to work, Stan was making motions with his hands as if he was reeling in a fish. I asked him if he was ready to go fishing and he looked confused - he thought I was kidding. "Get some rest - everything we need is in my car."

Soon Kathy walked in with a huge smile on her face and said, "He is ready and he wants to go!" We got him into a wheelchair and informed the nurse that Stan was going fishing. Stan's nephew and his wife from Pittsburgh and grandson and his wife from Philadelphia joined our adventure. What a great day - surrounded by a loving family and creating a cherished moment! I was grateful that Stan's family was allowing me to be a part of this day.

Once Stan was ready, we set off for our Father's Day fishing adventure. While Stan reminisced with his family, I chuckled to hear him saying, "I can't believe I am actually going fishing" and "Who would have ever thought this would be happening?" We found a spot under a large shade tree and I retrieved the supplies.

We spent several hours by the creek that afternoon; the guys would bait the hooks, cast, and bring the rod to Stan. He had many bites but we weren't having any luck. Stan talked about how the creek reminded him of one he fished near his cabin, old fishing buddies, and stories about his days in Pittsburgh. Finally, on the last worm, a fish took the bait. His family watched as Stan reeled in a sunfish. It was a proud moment because Stan caught a fish!

This summer, Kathy Cassidy shared some of her reflections on her father's special fishing trip: "Although Dad received great care at Mennonite Home, his ever-growing cancer limited his activities. Dad was so elated and grateful for the chance to go fishing once more, accompanied by the family he cherished. Our cheer of 'Great catch, Gramps' as he pulled in the fish is a cherished phrase, etched in our memories."

"When we think back on Dad's time at Mennonite Home, the fishing trip is just one of a series of wonderful examples of the support he received. It stands as a benchmark for how the staff provided Dad with outstanding care through his final days. The staff always went over and above our expectations."

In loving memory of Stanley R. Allen, Jr.  
February 27, 1926 - July 9, 2011

*I quietly approached Stanley to see if he needed anything. We reminisced about his life in Pittsburgh, the Steelers, and his favorite pastime, fishing.*



Kathy Cassidy

# A Ringer!

MIX GOOD FRIENDS,  
GREAT WEATHER AND  
A BIT OF COMPETITION  
AND YOU HAVE A  
GREAT RECIPE FOR FUN!

That's what the Lancaster County Senior Games is all about. For the past 14 years, Mennonite Home Communities has sponsored the horseshoe event. A team of Mennonite Home Communities staff members judge the event held on the beautiful campus of F&M College.

There were 10 horseshoe pits this year and they were active all day long! Competitors, divided into age categories, use their skills to acquire the sometimes-elusive ringer or leaner. Participants receive points and medals for their efforts.

All contestants bring their competitive spirit to the different events, wanting to do their very best. Along the way, contestants share memories of when they lettered in high school or college in "their" special event. One volunteer shared her observation, "The good-natured spirit between the seniors is so uplifting." Contestants share handshakes and genuine good wishes for each to do their very best.

At the end of the day, only one person wins the gold medal, but everyone really wins.

The medals reflect the accomplishments of the participants but more important are the love of life and the spirit of the games. At the end of the week-long events, it is clear that each person has shared a heart of gold!



From left to right: the foursome of **Clayton Charles, Bob Brubaker, Craig Brubaker, and Roy Brubaker.**

How far do you drive when you play a round of golf? Most people would say about 200 yards, but one of our golfers in our Annual Mennonite Home Communities Golf Outing can honestly say about 900 miles. How is this possible? Craig Brubaker has come to our outing since 1997 and he 'drives' from Florida! (He actually flies, now, but the distance is 900 miles.)

The foursome's connection with Mennonite Home is that Myrtle Brubaker, Craig's grandmother, lived at Mennonite Home until she was 100

years old. Craig returns annually to visit family and play golf with his father and uncles.

The foursome enjoys playing and says they would not miss the opportunity for Craig to come home. He only missed one year (the year his daughter was born), and that was the only time their foursome won their flight! Craig stated maybe he should stay in Florida and they all had a resounding "NO!"

We hope to see Craig and all of you at future Mennonite Home Communities' Golf Outings.



## Hole-In-One

**Betty Ann Smith**, Development Assistant, presents a \$1,000 check to Woodcrest Villa resident **Elmer Berkebile** for his Hole-in-One!

*Mennonite Home Communities*  
16th Annual Golf Outing Results

Royal Oaks Golf Club • Lebanon, PA

220 Golfers / \$49,000 Raised for Benevolent Care!

# Make Woodcrest Villa Your New Home

*Now is the perfect time to move to Woodcrest Villa!*

We invite you to call our Marketing Department to ask about our available one- and two-bedroom apartments. Many of these cheery locations also include the option to select from a special palette of paint colors, carpet and vinyl to make your new home more your own than ever before.

Starting this summer, we also introduced our no entrance fee/rental option on select studio and one bedroom apartments. Understanding that people want choices, this provides greater financing flexibility. This alternative payment plan allows new residents to pay a higher monthly fee instead of an entrance fee.

In other news, we recently completed the Rubia Place 16-villa expansion. This new cul-de-sac is the place to be – with only three villas remaining. Join this friendly new addition to the Woodcrest Villa family!

You can even stay updated on the latest and greatest developments at Woodcrest Villa by “liking” us on Facebook at [www.Facebook.com/WoodcrestVilla](http://www.Facebook.com/WoodcrestVilla)

For more information or to schedule your personal visit, please call Linda Groff at 717.390.4103.

## A Healthy Workforce is a Happy Workforce

The Mennonite Home Communities recently formed Wellness Committee has been off to an enthusiastic start. Comprised of staff members from various departments throughout the organization, the committee began earlier this year to promote health and wellness among employees.

To date, the results have been overwhelmingly positive. Staff are sharing healthy eating tips and recipes in the daily employee newsletter. Ninety employees formed a walking club. Staff were taught how to use the on-site exercise equipment. And the May Wellness Fair attracted more than 100 employees. The fair included healthy treats, informational booths on stress relief, diabetes, simple exercises and more. Staff could also sign up for osteoporosis screenings. The event went over so well that it could become an annual occurrence.

Other ways the committee is making an impact is by promoting healthy exercise. New bike racks were installed at both Mennonite Home and Woodcrest Villa so that staff, family members and residents can safely secure their bikes when visiting the communities.

The committee has great plans and looks forward to helping and encouraging their co-workers to engage in healthy behaviors.

(Pictured right) Mennonite Home Communities Vice President of Human Resources **Dave Shenk** is among the many employees happy to participate in the new wellness initiatives, including the use of the campus bike racks!



**Mennonite Home Communities**

1520 Harrisburg Pike  
Lancaster, PA 17601

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If you would like to receive information about **Residential Living** at **Woodcrest Villa**, call Linda at 717.390.4103.

If you would like to receive information about **Personal Care** or **Health Care** at **Mennonite Home**, call Mindy at 717.390.7979.

If you wish to have your name removed from our mailing list, call Betty Ann at 717.390.4105.



# Fall

## OPEN HOUSE

Wednesday, September 14, 3-5 pm

at the Woodcrest Villa Garden Café



# Woodcrest Villa

RETIREMENT COMMUNITY

2001 Harrisburg Pike | Lancaster, PA 17601 | [www.WoodcrestVilla.org](http://www.WoodcrestVilla.org) | 717.390.4103

### FUTURE OPEN HOUSE

Saturday, October 22nd  
9 a.m. - 4 p.m.

Woodcrest Villa Welcome Center  
Drop in for a tour and light refreshments! No RSVP required!