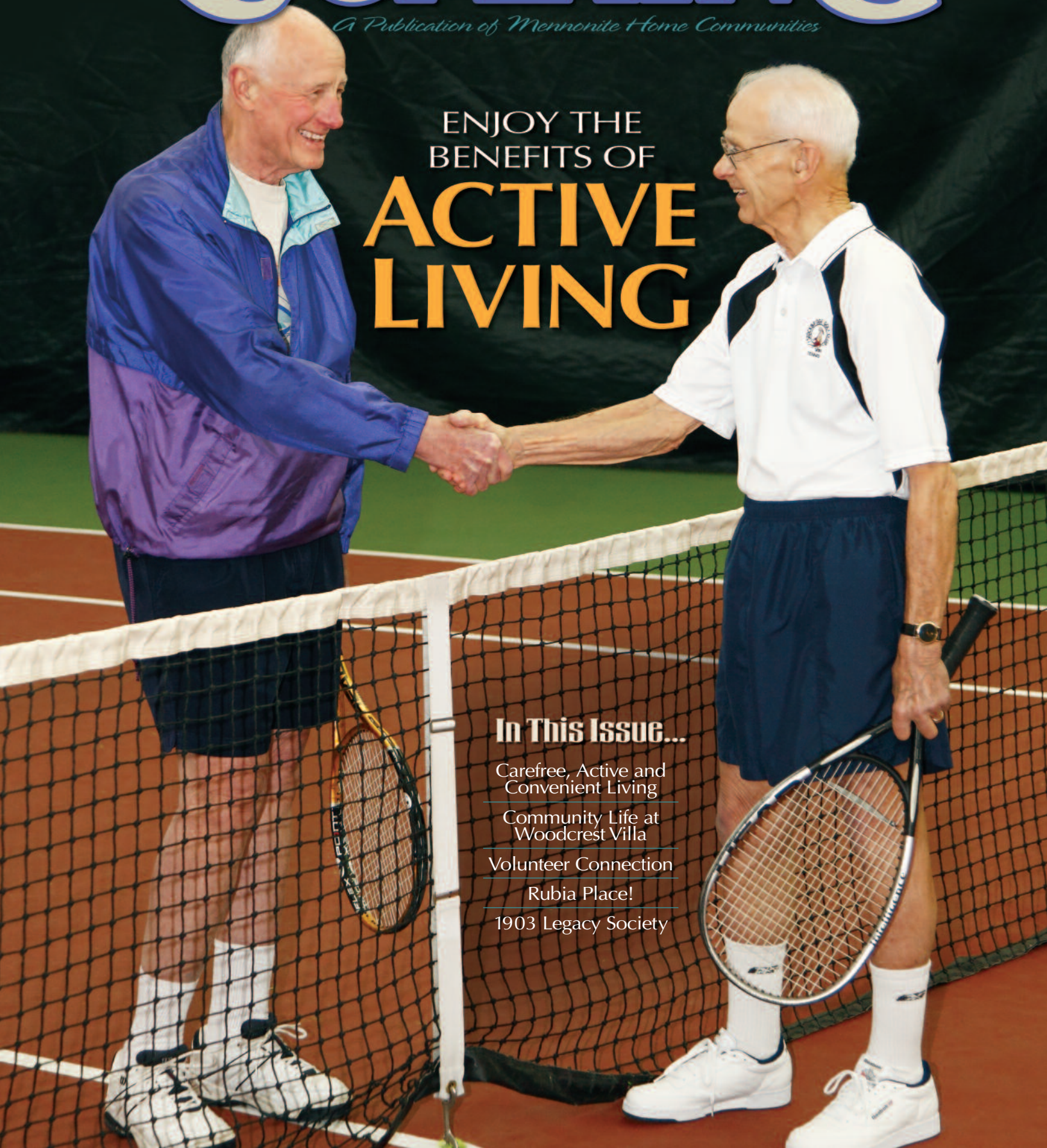




# SOARING

*A Publication of Mennonite Home Communities*

ENJOY THE  
BENEFITS OF  
**ACTIVE  
LIVING**



## **In This Issue...**

Carefree, Active and  
Convenient Living

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Why do so many people choose to retire to a Continuing Care Retirement Community? What are the advantages of living in a place like Woodcrest Villa? For most residents, the answers center on the ideas of the carefree, active, and convenient lifestyle that Woodcrest Villa encourages.

**CAREFREE:** Most people initially consider a retirement community to escape the cares and worries associated with maintaining a home.

- Cleaning gutters, snow removal, mowing, weeding, pruning and raking leaves
- Food shopping, meal planning, cooking all of the meals and cleanup
- Shampooing the carpets and cleaning the windows
- Furnace repairs, plumbing, electrical, sewage and air conditioning problems
- Energy efficiency: replacing windows, adding insulation, plugging leaks
- Maintenance of mowers, snow blowers, water heater, driveway
- Safety and security concerns

At Woodcrest Villa, our maintenance and housekeeping departments address these cares. The maintenance staff always receives the very highest rating in resident satisfaction surveys. The housekeeping team keeps the common areas spotless and can clean resident apartments, if desired. Our security department monitors our locked entrances and camera-protected complex and responds rapidly to any resident concerns.

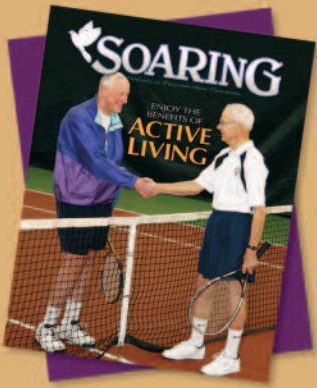
Additionally, for medical emergencies, an emergency call system insures a quick staff response, 24 hours per day, complimented by the Susquehanna Valley EMS station located on our campus. All forms of rehabilitation and health services are available within Mennonite Home Communities.

# Carefree, Active and Convenient

**ACTIVE:** Resident **Bob Singleton**, age 88, is a wonderful example of living an active retirement lifestyle. Bob says, *“I’m blessed with good health so I value physical fitness and daily exercise to keep active. In the summer, I either play tennis or walk three laps around the Woodcrest Villa campus, a distance of about three miles. During the winter months, I walk throughout the apartment complex, including stairs, for daily walking exercise. I also work out in the fitness center, particularly the Nu-Step and Nautilus.”* The 10 Lifestation exercise pods situated around our campus offer a complete full-body workout.

Mental stimulation and activity fulfill retirement years while building relationships within the community. Bob keeps mentally engaged by learning new things on his computer, studying tax law changes and working for the Volunteer Income Tax Assistance program run by the Retired Senior Volunteer Program. He serves VITA clients downtown at Trinity Lutheran Church and completes taxes for his Woodcrest Villa neighbors. Bob is one of the oldest active members of the Lancaster Optimist Club.

Like some other Woodcrest Villa residents, Bob works one day per week. Working at TMB, a downtown clothing store, keeps Bob in touch with many former customers of his shoe store, Singletons.



## On the Cover

Woodcrest Villa residents **Don Wain** (left) and **Bob Singleton** enjoy a lively game of tennis as part of their active lifestyle. They represent a group of residents who have found activities to be both healthy and relationship building.



*“I’m blessed with good health so I value physical fitness and daily exercise to keep active.”*



**Joe & Marcia Hemmler** take their turns at the shuffleboard court with granddaughter **Natalie Smith**.

**Joe Hemler** retired at age 57 after 33 years with the Postal Service. Joe explains, "After a two-year project remodeling our home, I missed the mental stimulation and people interaction of work. The CEO of AAA offered me a job working five mornings per week, planning trips and doing map work. It is a joy to keep active and involved with the nice people at AAA in a no-stress environment." Joe frequently uses the billiard tables, shuffleboard courts and extensive woodshop at Woodcrest Villa.

Many residents continue to attend their local church or synagogue and participate in clubs and social groups as they did prior to moving to Woodcrest Villa. Our close proximity to Lancaster and major highways makes it easy to volunteer, attend church or visit friends.

**Louise Franze** lives in the Bluebird apartments but remains extremely active within the Lancaster community. Louise explains, "I am a member of the Women's Garden Club of Lancaster and the Iris Club. It was a great joy to host a luncheon and tour for the Garden Club right here in the beautiful gardens of Woodcrest. My circles of friends ebb and flow from Woodcrest into the Lancaster community, intersecting in interesting ways. I highly recommend life at Woodcrest Villa!"

The **Woodcrest Villa Dining Staff** create wonderful culinary displays that taste as good as they look. The dish below was served at the Women's Garden Club of Lancaster Luncheon.

# LIVING

**Have You Remembered MHC in your Will?**  
See page 8!





**Irene & Andy Ebersole** stay active by using one of the Woodcrest Villa fitness centers.

*ownership responsibilities provides time for tennis and community involvement. My wife Mary Louise and I enjoy lectures, plays and sporting events at F&M College and attend plays and Lancaster Symphony concerts at the Fulton Theater."*

**Barbara Smith** is a spirited Spiraea Place villa resident with the fascinating job of working part-time with G. Terry Madonna of F&M College. She interviews folks concerning politics and consumer issues for the Center for Opinion Research. Barbara also helps the Development office with the Golf Outing (held July 9 at Par Line Golf Course near Elizabethtown) and many other events.

**Don Wain** lives in a Spiraea Place villa and coordinates the VITA tax services at Trinity Lutheran Church. He is also Board Chair of the Drug and Rehabilitation Service for teenagers on South Prince Street. Don says "The freedom from home



# Carefree, Active and Convenient **Living** CONTINUED

**CONVENIENT:** An active lifestyle requires convenient daily necessities. The Woodcrest Welcome Center provides mail service, package distribution, stamps, dry cleaning drop off, photocopies, fax and notary services. Our two volunteer-run libraries provide a good selection of books, newspapers, magazines, films and paperbacks. Woodcrest also provides in-house physical therapy, a Wellness Center and Quest Laboratory services. The Woodcrest shuttle makes trips across the street to the Lancaster General Suburban Outpatient Pavilion and Park City Shopping Center very convenient.

The volunteer-run Marketplace (see page 7) is a real blessing to the Woodcrest residents. This little store is literally packed with virtually any of the food items a resident might need. They even provide delivery if needed!

The PNC Bank branch provides complete banking, trust and wealth management services. Williams Apothecary provides full pharmacy services and many necessary health and beauty products.

When you begin to explore Mennonite Home Communities and realize our exceptional accessibility to local destinations of interest, you will quickly understand how we can say whatever you might want is just down the street! World class shopping, restaurants with just about every cuisine imaginable, and access to some of the nation's finest health care are all within minutes of our "neighborhood."

# Community Life

## at Woodcrest Villa

One of the most frequently heard phrases at Woodcrest Villa is, *"I never thought I would be this busy when I retired."* WCV residents echo those words over and over. Life at WCV can be relaxed, but, if you are looking for things to do, you are in the right place.



The Resident Activity Committee helps to make the days of WCV residents exciting and full of activity. Residents can choose to participate in things ranging from healthy exercise to lively games. There is a variety of activities for anyone from the age of 60 and beyond. Entertainment tickles the bones with bluegrass to Beethoven and sparks the interest from European travelogues to Lancaster County history.

WCV residents take many different trips throughout the year, from local day trips to wonderful overnight excursions selected by the Resident Trips Committee. The value of traveling on community trips provided by WCV is knowing the cost and timing, and traveling in safety and comfort.

Mystery trips spark the interest of our residents. Who doesn't like to go on a surprise trip? Even if the resident finds out they have already been to the surprise destination, they state, *"I was able to see something different on this trip and I really enjoyed the day."*

One of the recent day trips was to the Giant Center in Hershey to see the Radio City Rockettes Show. This was an opportunity for residents to see a fabulous show without traveling to New York City.

From lessons on the Wii, to exploring the Lancaster County culture, WCV residents have many opportunities to be involved. The resident committees help bring these things to life. In short, life at WCV is full and enjoyable.



## Mennonite Home Communities

15th Annual Golf Outing

FRIDAY, JULY 9, 2010

Par Line Golf Course | Elizabethtown, PA

Benefiting Benevolent Care

Call Betty Ann Smith, 717.390.4105 or see [www.mennonitehome.org/golf](http://www.mennonitehome.org/golf).

# Volunteer Connection

## Early to Rise, Quick to Serve

*D*oris Groff lives in the Juniata Assisted Living wing at Mennonite Home. Yet she seems to give more assistance to her neighbors and community than she receives!

Doris begins every morning before the sun comes up, delivering the local paper to both residents and common areas. After breakfast, Doris is typically found in an exercise class, riding her bicycle or using the BrainFitness mental stimulation system.

Shirley Pannell, Arts and Crafts Coordinator, credits Doris' quick wit to her routine exercise of body and mind. Shirley says "Doris is one of the busiest people I know! She is most commonly found in the afternoon assisting in the craft room or delivering the US mail to all areas of our campus. I really appreciate her help in the Arts and Crafts program."

On weekends, Doris is active in the Mennonite Home Choir and hands out the Sunday bulletins in the chapel. Kathy Maule, Volunteer Coordinator, says "Doris is a valued volunteer. Last year, she volunteered the second highest number of hours of all our volunteers – over 1,200 hours!"

Doris enjoys keeping busy and finding opportunities to give back to Mennonite Home Communities.



**Doris Groff** (right) delivers flowers to Elizabeth Thompson.

## Volunteering from the Heart...

*L*eaving world-wide stellar business careers behind them, villa residents John and Mary Rolinc and their dog, Buddy, moved to Woodcrest Villa in October 2006. After settling into campus life and John reading as many books as he could get his hands on, the Rolincs heard about a new volunteer project. Their initiative and business background perfectly prepared them to co-chair the resident-led Marketplace.

From the beginning, the Rolincs focused the Marketplace on serving resident grocery needs as well as offering the special flavors of Lancaster County. The Marketplace grew in just one year to offer over 400 products, not including holiday and special event items!

Their work is divided, with Mary serving as the Marketplace trainer, entering the item pricing, labels and display cards, keeping the manuals up-to-date and refreshing the beautiful décor. John serves as the visionary, overseeing product, shopping, completing set-up and take-down and working with product purveyors. John continually looks for new items to make the shopping experience interesting for the residents.

What the residents will tell you, with great emotion, is their deep appreciation for this wonderful store and for the littlest details so lovingly cared for by the Rolincs. Need a can of crushed pineapple? – John Rolinc will purchase the item on his next trip.

Volunteering from the heart, and the work ethic to match it, are John and Mary Rolinc! Thanks for giving Woodcrest Villa your devotion and unending love!



**John & Mary Rolinc** at home in The Marketplace.

# Rubia Place!

Mennonite Home Communities proudly announces our Rubia Place Villa expansion! The Woodcrest Villa family is growing with our latest phase of 16 spacious new villas. Available floor plans range from approximately 1,600 square feet to 1,900 square feet. These new villas feature two bedrooms and two full bathrooms. Some of the villas will have dens and others will have two car garages! We invite you to contact us to find out more details of our new construction.

If apartment living better fits your lifestyle, we currently have a select number of one and two bedroom apartments available. For a limited time, we are offering our “Welcome Home” Moving Program to our future apartment residents. From pre-move planning, packing, moving and set-up of your personal belongings, our complimentary program provides a virtually stress-free experience.

There is so much to love about Woodcrest Villa—the friendly residents, manicured grounds and convenient location. Lancaster’s finest health care facilities, exquisite dining, shopping and cultural experiences are just down the street. Our style and charm are always on display with living choices ranging from bright and cheery apartments to warm and inviting villas.

To find out more, please contact Linda Groff at 717.390.4103 to schedule your own personal visit!

Feel free to join us at our Spring Open House on Wednesday April 28, 2010. Drop in anytime between 3-5 pm at the Bluebird Garden Café. We will have apartments and villas open to tour, as well as some of our common areas including a dining area, The Marketplace, a fitness center and a billiards room.

We hope you will take advantage of these great opportunities to become part of the growing Woodcrest Villa family!

The Woodcrest Villa Marketing Team (from left to right) **Jennifer Walters**, **Nan Rush**, Vice President of Residential Living, **Linda Groff** and **Kate Daniels** are available to assist you in finding the perfect living choice for your lifestyle.



## Mennonite Home Communities

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If you would like to receive information about **Residential Living** at **Woodcrest Villa**, call Linda at 717.390.4103.

If you would like to receive information about **Assisted Living** or **Health Care** at **Mennonite Home**, call Mindy at 717.390.7979.

If you wish to have your name removed from our mailing list, call Betty Ann at 717.390.4105.

# 1903 Legacy Society

Since our founding in 1903, charitable contributions have been crucial to Mennonite Home Communities. Gifts help us maintain our mission of serving our residents without regard to their financial capacity. The Board of Directors created the **1903 Legacy Society** to recognize the importance of charitable gifts and encourage others to join in extending our legacy.

**FOUNDING CELEBRATION:** On June 12, 2010, the Board will host a celebration to honor philanthropy and recognize our key donors. The event will provide our supporters a better understanding of the impact of their generosity.

**MEMBERSHIP:** The **1903 Legacy Society** invites into membership three groups.

- 1) Those who have given gifts and pledges totaling \$10,000 during their lifetimes.
- 2) Those who have made planned gifts. Planned gifts can include Charitable Gift Annuities, trusts, gifts of insurance, property, or retirement plan residuals (IRA, 401(k), 403(b), etc.).
- 3) Those who have designated a bequest to Mennonite Home Communities in their will.

**NOTIFICATION:** The Development Department sent letters to those families who may qualify for membership, according to our records. We want to confirm your correct name, current address, phone number and/or your desire to remain anonymous.

**INVITATION:** We may not be aware of your previous gifts, bequests, insurance gifts, trusts, retirement plan dispositions or other gift that qualifies you for membership. Our computerized records are limited to gifts made since 2002. Please share with us your philanthropic plans to benefit Mennonite Home Communities so that we may recognize your important role. Those who qualify will receive an invitation to the founding celebration.

**FOUNDER STATUS:** Anyone notifying us of their gift intentions by April 30, 2010 qualifies as a Founding Member of the **1903 Legacy Society**. This is a wonderful time to consider a change to your will or retirement account beneficiary form to benefit MHC. We greatly appreciate the opportunity to thank you and recognize your support.

If you have questions or wish to discuss the **1903 Legacy Society**, please call *Greg Pierce, Director of Development*, at 717.390.4903.